

The Hasten Program: Communication Skills

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methods of sending information, especially phones, radio, computers, etc. or roads and railways (*Oxford learner's dictionary*)

Written

Verbal

Non

verbal

Visual

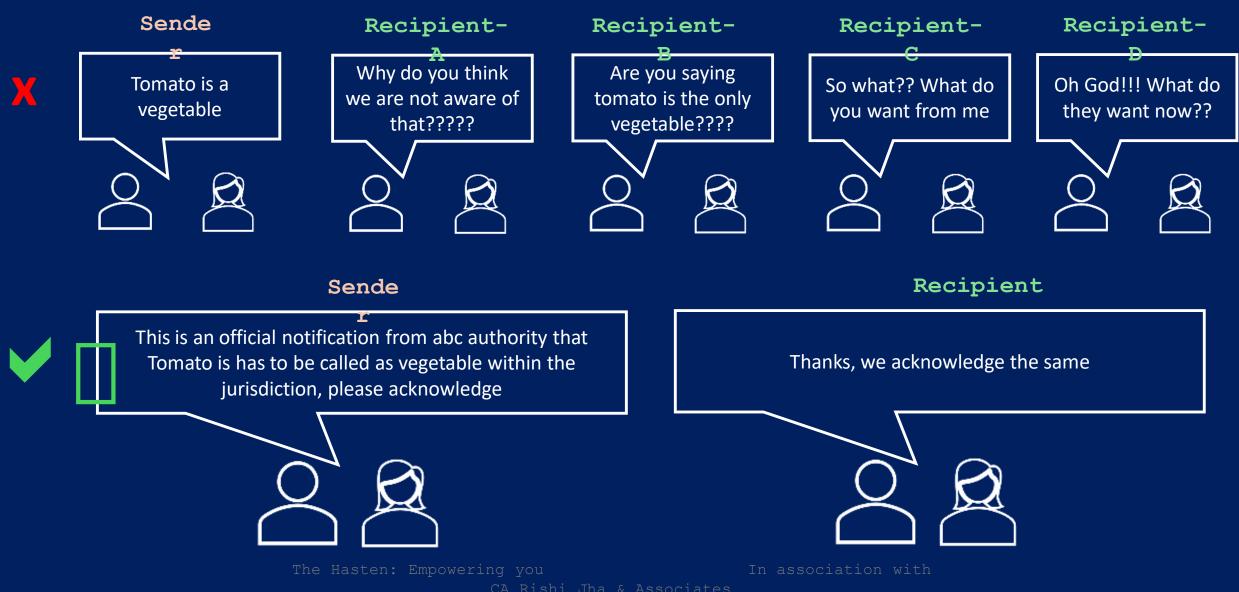
- the act of communicating with people
- a message, letter, or announcement
- the various methods of sending information between

people and places, especially phones, computers, radio, etc. (Cambridge dictionary)

In a way, communication means the complete / completed process for transferring a message initiated (sent) by initiator (sender) and reaching to the intended recipient with the intent with which it was initiated (sent) with or without expectation of response

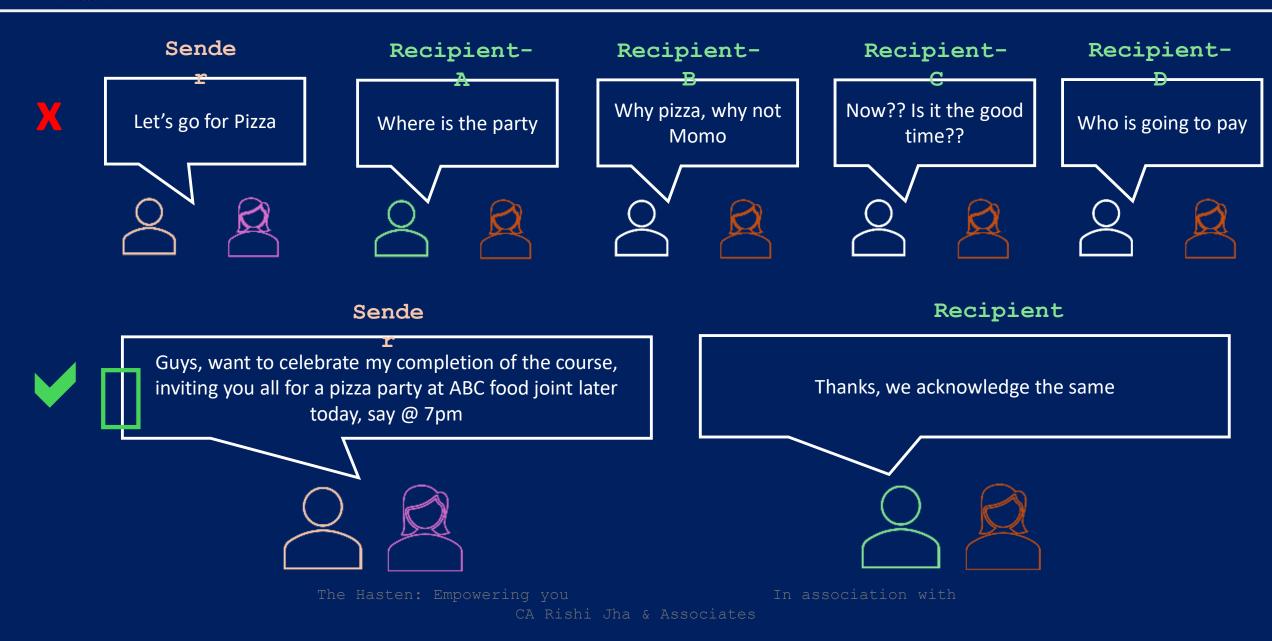


Communication





Communication





A good communication skill can help/enable/facilitates in order to

- \varnothing connect with others
- \varnothing sharing of ideas, and
- ø building relationships,
- ø express thoughts and emotions,
- \varnothing foster understanding and empathy.
- \varnothing resolve conflicts,
- ø promote teamwork,

drives personal and professional growth.



knowing about communication and working

consciously to improve the same continuously,

through out the life makes life easy for everyone 🙂

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Few MUSTs for a good communication skill that need to be adhered to always :

- Ø Think, plan, strategize
- Ø Short, simple and direct:
- \varnothing Learn and practice to listen:
- Ø Be positive, stay constructive
- \varnothing Play the role of solution provider not the reason for problem
- \varnothing Power of silence
- Ø Specific for face to face (both online and offline)

Gestures and postures aligned to the message:

Eye contact with "ALL" is always welcome

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Look before leap is always fruitful, i.e. always think before any communication takes place

irrespective of the fact whether you are sender of recipient of message in subject

For example: do you pick up the phone call made by the person whom or whose message you wish to avoid either for ever or for that moment – now that is termed as 'look before you leap' and thinking became instrumental.



Here on, begins the journey of effort investment, reading of well known and widely respected books, articles, newspapers, journals can be useful

- Reading of content before sending out carefully, keeping in mind (not and exhaustive list)
- the personality of recipient,
- her/his expectation, experience, maturity,
- possible current state of mind

Understanding of the above will (more often than not) enable the sender to modify the content, change the language used

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Reading between the lines ③

Many a time, we come across contents, Texts, words, sentences where unwritten words, sentences, texts become the intent of message.

One has to practice, not over practice, how and when to read between the lines



Messages written or verbal must always be short, simple and direct

Short: Short and crisp messages are quick and easy to read; the conciseness of messages ensures that they are read promptly without investing too much of time to understand the content (time is money), making communication more efficient. Short messages has more possibility of instant feedback, creating a dynamic conversation that keeps conversation more realistic.

Keeping message short implies that there should not too many examples, explanation etc. as that may make the message ambiguous and/or vague.



Messages written or verbal must always be short, simple and direct

- Simple: Simpler messages are equally quick and easy to read and understand without investing too much of time to for the purpose (time is money), making communication more efficient. Simple language used for the messages has more well directed feedback, creating a dynamic conversation that keeps conversation more realistic.
- Keeping message simple mean the languages, words, idioms, phrases used in the content should be of such nature, degree and type that is easy for the recipient to easily understand (without referring to dictionaries, encyclopedias, friends or internet ⁽³⁾)



Messages written or verbal must always be short, simple and direct

 \varnothing Direct: Simpler, shorter content ensure that the message is direct to the point.

(no beating around the bush direct to the main business). Such messages are seen as assertive, the sender is found to be more in control of the conversation and having

positive impact more often than not.

verbal communication

Active listening includes paying attention, reflecting, and empathizing with others. Benefits to be reaped out of active listening :

- Ø Broadening knowledge and perspectives
- Ø Anticipating problems and finding solutions
- Ø Resolving conflicts and misunderstandings
- Ø Promoting collaboration and empathy
- Ø Building trust and loyalty with others



Silence can be used very effectively, it is intentional absence of spoken words, but can make the prior or subsequent portion of message even more intense; it can paced accordingly to

- Ø Put extra stress on the given point, attract more attention
- Ø Express agreement or disagreement
- \varnothing Provide time space to the audience for reflection

Encourage/push/enforce more understanding/thinking about the topic or element of topic Silence can convey the message and touch upon the emotions at the same time. It can also be used as a tactic to cut off communication, without warning or explanation, to avoid conflict or to freeze out someone who is seen as an opponent, an annoyance, or as a threat to the status quo.



A lot can be said and also understood by being conscious, attentive, observant about the following:

- \varnothing Gestures
- ø Postures
- ø Eye contact
- ø Walking
- ø Seated
- ø Standing



Get Ready to take the world head on! Preparation is the assurance that luck is on your side!! The Hasten: Empowering you In association with CA Rishi Jha & Associates